PSHE Policy 2023



'Love learning, life, one another and God.'

Intent

Our PSHE curriculum –

● Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school.

● Prepares pupils for the opportunities, responsibilities and experiences of later life.

● Helps to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking to make positive decisions about themselves and others.

● Promotes our school values of Community, Teamwork, Compassion, Diversity, Creativity and Resilience.

● Supports and complements school policies on: Child protection/safeguarding, Extremism, Bullying, Relationships and Sex Education and E-Safety.

● Addresses diversity issues and ensures equality for all through the range of resources and materials used and situations discussed

● Helps children to develop a respect for the abilities of other children, encourages them to collaborate and cooperate across a range of activities and experiences.

● Is in line with the expectations set out in the Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education for 2020

The detailed intent of the PSHE curriculum is outlined in the following documents found on our school website –

- PSHE Progression Map
- PSHE Whole School Long Term Plan
- Relationships and Sex Education Policy

Implementation

EYFS

PSED (Personal, Social and Emotional Development) is crucial for children to lead healthy and happy lives and is fundamental to their cognitive development. Within the EYFS setting, the children form meaningful attachments to both adults and peers through the development of strong, warm and supportive relationships. Children begin to learn to manage their emotions, develop a positive sense of self, set simple goals and have confidence in their own abilities. Their resilience is nurtured and they start to learn how to wait for what they want and direct attention as necessary. Through the delivery of the My Happy Mind scheme, adult modelling and guidance, children learn how to understand their own feelings, those of others and develop the skills to make good friendships, cooperate and resolve conflicts peacefully. Children will become increasingly independent in managing personal needs and in looking after their own body including healthy eating.

Years 1 to 6

● We follow the My Happy Mind scheme of work across school.

● Additional planning and resources are used from other providers including SCARF.

● My Happy Mind journals are used for children to record their learning and to provide the opportunity for children to review and revisit their ideas.

● Sticky knowledge is reviewed by the children and rigorously checked and consolidated by the teacher. All learning will start by revisiting prior knowledge for children to retrieve and revisit prior learning. Low threat retrieval tasks such as quizzes are incorporated into lessons to review learning and facilitate retrieval of knowledge to strengthen memory.

Impact

● The subject leader is responsible for reporting on standards in PSHE across the school to the governing body.

● We measure progress in PSHE by assessing whether pupils know more, remember more and are able to do more.

Written-September ‘23

To be reviewed-September ‘24