EYFS Spring 1

Overview



Dear Parents,

Our topic for this half term is called 'Healthy Me!' We will be learning about how to keep healthy in a range of ways, from exercise, good hygiene and understanding the importance of healthy food choices.

If you have any questions please feel free to come and speak to Mrs Needham, Miss Turner, Mrs Dickinson, Miss Britt or Mrs Smalley at home time, make an appointment or email us at: staff@broughtonprimary.co.uk. Thank you very much for your support!

Reading

This half term, Nursery will be focusing on the books 'Handa's Surprise' and 'The Gigantic Turnip'. Reception will be reading 'What's in the Witch's kitchen?' We will also be reading the traditional tales 'The Little Red Hen' and 'The Gingerbread Man'.

Reception children are expected to read for at least ten minutes each night to accompany our guided reading sessions and other reading opportunities presented in class daily. Reading books will continue to be changed on a Tuesday and a Friday. We strongly encourage re-reading for enjoyment. It also gives children a greater opportunity to become more familiar with the story vocabulary. Please write in their reading records when they have read at home. They will be checked daily.

Homework

Nursery – we would love to see any achievements from home or any photos of the children trying new healthy foods. Please upload pictures to tapestry for us to share with the class.

Reception – see attached.

Communication and Language/ Literacy

In Nursery this half term, we will be reading ‘Handa’s Surprise’. We will predict and express opinions about the book and explore character and plot through role-play. In phonics we will begin to recognise initial sounds in words.

This half term, Reception will be focusing on the stories ‘What’s in the Witch’s kitchen?’ and ‘No Dinner'. Children will create their own delicious (or disgusting) delights in Drawing Club. In phonics we are continuing to learn new phonemes, moving onto phonics phase 3 whilst also consolidating phase 2 sounds. Please encourage your child to use their sound-talking robot arms and robot voice when sounding out words to read or write. Please make sure to have a go at the games to support our new phonics knowledge on phonicsplay.co.uk (username: broughton password: orange1) and ictgames.com/literacy.

Maths

In Nursery, we will be subitising 2, showing 1,2,3, counting 3 and moving and labelling 1,2,3. We will explore position, routes and patterns.

In Reception, we will be looking at numbers 0-5. We will be representing these numbers in different ways, practising our subjtising and looking at number bonds to 5. We will also be exploring mass and capacity.

Please make sure to have a go at the Maths homework set on Tapestry every Friday. We ask homework is uploaded to Tapestry by the following Wednesday.

In addition, other maths games can be found at: www.topmarks.co.uk

Understanding the World

Nursery will be considering what they need to do to stay healthy. We will encourage the children to expand their vocabulary whilst exploring different fruit and vegetables. We will be exploring different forces and how they feel relating to ‘The Gigantic Turnip’ text.

Reception will use their senses to explore different fruits and vegetables and describe and draw what they see, hear, feel etc. They will also begin to look for the early signs of Spring whilst exploring outside.

Physical Development/ P.E

We will continue to focus on the children’s gross motor skills in our outdoor area and also develop our coordination and control whilst travelling on the bicycles and scooters. We will also be developing our fine motor skills in our malleable area using clay and dough.

Nursery will have their P.E. session on Tuesday mornings and this half term we will be focusing on the fundamental movements. We will skip, hop, stand on one leg and hold a pose for a game like musical statues. We will be encouraging the children to be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.

Reception will have their P.E. sessions on a Thursday morning. This half term we will be further developing our ball skills, including throwing, catching, kicking, passing, batting and aiming. They will also have a dance lesson on Thursday afternoon with Miss Sally.

Expressive Arts and Design

Nursery will create closed shapes with continuous lines and begin to use these shapes to represent objects. Reception will be exploring different colours, colour mixing and creating different shades of a colour using paints. We will also explore a variety of media to sketch some fruits and vegetables and practise using tools safely, chopping fruit to make our own fruit salad.

R.E.

Our R.E focus this half term will be ‘Listening to the stories Jesus heard’. We will be exploring some stories from the Old Testament of the Bible, such as ‘Noah’s Ark’, ‘Jonah and the Whale’, ‘David and Goliath’ and ‘Daniel and the Lions’. These will have been stories that Jesus heard as he was growing up.

Homework Tasks for Reception Spring Term 1 2026

Task 1

Talk to an older relative about their favourite foods when they were a child. Compare this to your favourite foods.

(Adult supported)

Task 2

Our R.E topic this half term is 'Listening to the stories Jesus heard'. One of the stories is 'Noah's Ark'. Make a representation of the ark in any way you choose, e.g. paintings, junk modelling, stick puppets, role-play.

(Adult supported)

Task 3

Teach one of your teddies/toys the routine of how you brush your teeth. You could use a timer, make up a jingle/song, etc.

(Independent)

Task 4

Plant your own vegetable seed and observe and record the changes that you notice. (Runner beans and cress are good options as they grow fast).

(Adult supported)

Task 5

Research the artist Giuseppe Arcimboldo and explore his artwork. Recreate your own picture using different fruits. (You could use actual fruits to create an image or draw them).

(Adult supported)

Task 6

Using fruit or vegetables, show different number bonds to 5, e.g. 3 peas and 2 carrots. Upload a photograph to Tapestry to share with us.

(Independent)