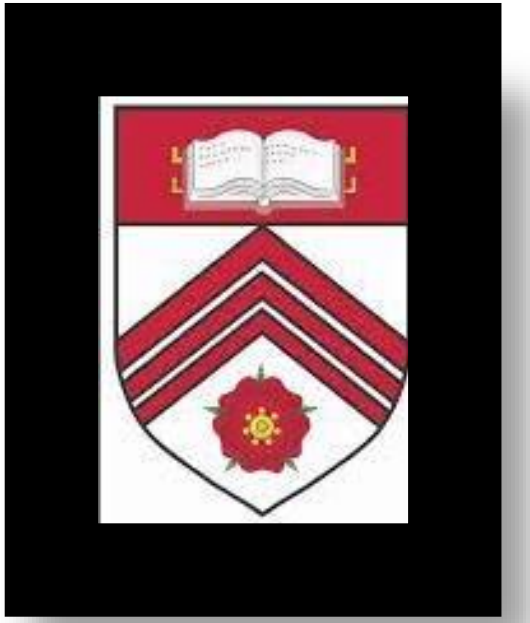
Physical Education Curriculum Intent



Our tailored curriculum at Broughton is designed to provide our children with the skills and values needed to develop not only their physical ability but also the values they hold as future adults. We strive to ensure that when children leave Broughton, they are physically literate and have a set of core values, which will have a long-lasting impact upon the way they apply themselves within physical exercise, recreation, sport, mental wellbeing, health, nutrition and the wider aspects of life.

PE at Broughton Church of England Primary School provides all pupils with the opportunity to experience a skills-based curriculum with targeted sports to engage all children at all levels. We aim to provide an attitude of, 'there is something out there for everyone' through a range of games and sporting activity inside and outside of school. We aim to develop confident, successful and independent learners who can problem solve and can experience sporting competition at a high level. We provide opportunities for all children to experience competition and activity through Preston PESPPA and School Games competitions and activities that are aimed at every child's level.

We encourage pupils to respect each other and have respect for all faiths, race and gender, ensuring children are well prepared for life in a rapidly changing world.

Important rules are provided through PE that can be transferred to everyday life. These range from encouraging those around you to be the best that they can be and to inspire others as well. We encourage fair play, respect and tolerance of others during in-house PE and competition and outside competition when representing school.

Experiences are memorable, providing diverse and rich opportunities from which children learn and develop a range of transferable skills.

Through PE, we provide an attitude of everyone can succeed. This can be in the application phase of PE during games. Through skills and units of work such as tactics and strategies, children can problem solve and identify ways in which they can succeed through games. They also develop an understanding that not everything works and sometimes a different strategy is necessary to reach a desired response. This allows children to learn how to win or lose through the safety of PE, which builds character and resilience.

The INTENT of our PE Curriculum Map

Using our curriculum design the intention of our Broughton approach is to provide each child with the skills and opportunities to meet the National Curriculum end of key stage statements. Our intent is shown below:

Early Years – The intent in our Foundation Stage is to focus on developing gross and fine motor skills.

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Children in reception will be learning to:
Revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing.
Progress towards a more fluent style of moving, with developing control and grace.
Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.
Develop fine motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons.
Use core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.
Combine different movements with ease and fluency.
Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.
Develop overall body-strength, balance, co-ordination and agility.
Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.
Develop the foundations of a handwriting style which is fast, accurate and efficient.
Further develop the skills they need to manage the school day successfully: lining up and queuing, mealtimes.

Gross Motor Skills
Negotiate space and obstacles safely, with consideration for themselves and others.
Demonstrate strength, balance and coordination when playing.
Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Fine Motor Skills
Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.
Use a range of small tools, including scissors, paintbrushes and cutlery. Begin to show accuracy and care when drawing.

Key Stage 1 – The intent during KS1 is to develop basic Fundamental Movement Skills through a skill-based curriculum delivered using 'Key PE Sports'. The children will be given the opportunity to develop a wide range of skills through various games/activities that can be transferred across a variety of different sports. Children will be given guidance and support and plenty of opportunity to repeat the skills they are developing. Children will be encouraged to copy/create simple sequences of movements demonstrating confidence and freedom within gymnastics and dance. The learning the children receive is through a skills-based curriculum with modified sports which allows children to identify, reflect and improve.

Key Stage 2 – The intent at KS2 is to continue to build on mastering the Fundamental Movement Skills as well as developing the children's ability to create and apply simple tactics and strategies as well as developing the children's attacking and defending skills through a range of different sports/activities. The children are exposed to a number of different sports that link into the skill-based curriculum, which in return allows them to participate in an intra school games competition at the end of each unit. Children will be given the opportunity to participate in inclusive sports such as fencing and boxing that link into certain units of our curriculum such as attacking and

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defending. The intent at KS2 in dance and gymnastics is to develop children's performance and sequencing skills. All the skills are applied through the relevant Core tasks which are linked to age expectations. Children are encouraged to take part in competitions to allow them to refine and demonstrate taught skills within a competitive environment.

Progression through our PE Curriculum

The progression of our PE curriculum ensures that the knowledge and skills taught in each year group flows and progresses throughout the teaching of PE. We have used the Key PE Sports to tailor our children's learning and excel their knowledge in each strand of PE and Physical Activity. The skills and knowledge to be taught are laid out in each year's curriculum maps, with an example sport that the skills can be taught through. Teachers have the flexibility to be able to teach these skills through a range of sports, so long as the children are embedding the knowledge that these skills are transferrable.

Character Values in Physical Education:

British Values	School's Christian Values	PE Character Values
Democracy	Faith, Hope, Trust, Justice, Reverence, Wisdom	Respect Tolerance Acceptance Cooperation Friendship Excellence Determination
The Rule of Law	Forgiveness, Trust, Faith, Justice, Responsibility	Courtesy Respect Honesty Acceptance Trust Courage Determination

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Individual Liberty	**Humility, Courage, Responsibility**	**Respect Honesty Equality Responsibility Acceptance Inspiration Trust Evaluation**
Mutual Respect	**Humility, Friendship, Respect, Joy, Compassion**	**Tolerance Acceptance Equality Respect Responsibility**
Tolerance	**Friendship, Humility, Respect, Compassion**	**Respect Compassion Friendship**